



# Pennsylvania State Fire Academy

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## Minimum Standard for Accreditation (MSA)

Revised March 1993

**Course Title:** Street Survival for Emergency Medical Personnel (SSEP)

**Length of Course:** 16 Hours

**Lecture/Lab Breakdown** 8/8

Prerequisites: None

**Course Goal:** Participants in this course will be presented with situations that threaten the safety of emergency personnel and methods to limit the dangers.

**Description of Course:** E.M.S. personnel have become targets of violence, even as they respond to offer help in a fire or emergency situation. Your safety and that of your E.M.S. crew is the most important concern during an emergency situation. Unfortunately not everyone wants our help and some actually want to harm us. Learn methods to improve your chances in this increasingly violent society. Target audience for this course is emergency medical personnel such as E.M.T.'s, paramedics, or first responders, and fire fighters who have direct responsibility for providing emergency medical care.

**Description of Methodology to be used: (Brief)** A combination of lecture, audio visuals and hands on practice sessions. The course is divided into nine modules which should be delivered sequentially. Additional information and visual aids may be added as available and time permits, but avoid exclusion of present information.

**Student Equipment/Supply Needs:** Notebook, pen/pencil, comfortable clothes.

**Equipment/Audiovisual/Supply requirements:** Chalkboard, overhead projector, 1/2" VHS, VCR with monitor, 35 mm Carousel slide projector with screen, 4 door sedan type car (no tinted windows), Ambulance. (To be provided by the instructor: Overheads, flannel board with felt figures, appropriate slides and video tapes, blank starter pistol with blanks, assorted weapons for concealment in a purse and on ones self, water pistol.

### COURSE OUTLINE (General - Not Detailed)

<u>Time</u>	<u>Content</u>	<u>Instructor Notes</u>
:30	Paperwork, goals and objectives	
:30	Module I - The importance of street survival/Why we get hurt	
2:00	Module II - Approaching vehicles and buildings	
1:00	Module III - Domestic encounters/Barroom situations	
2:30	Module IV - Weapons/Weapons concealment	
1:30	Module V - You have found a weapon/Threat assessment	

**continued**

**COURSE OUTLINE  
(General - Not Detailed)**

<u>Time</u>	<u>Content</u>	<u>Instructor Notes</u>
4:00	Module VI - Pain compliance/Self defense tactics	
1:00	Module VII - Cover and concealment/Body Armor	
1:00	Module VIII- Clandestine Labs	
:30	Module IX - Tunnel Vision/Hidden Hazards/Animal Attacks	
:30	Written Exam and evaluations	

**Competency Evaluation Mechanism (Brief description-attach copy):** Observation by the instructor of each students proper execution of all pain compliance and self defense techniques. This may be waived for a student with a physical handicap, recent injury or surgery which would be aggravated while practicing the techniques. 10 question written exam.

**Course Objectives (specific):** The participant will:

1. list the levels of awareness.
2. describe and/or demonstrate the appropriate techniques for approaching a vehicle via the drivers side, passenger side, frontal and van method.
3. describe and/or demonstrate the appropriate techniques for approaching and entering a residence.
4. demonstrate a survival oriented patient exam procedure and the proper procedure to follow in the event a weapon is discovered.
5. state at least 4 signs of and 4 common hazards associated with a clandestine lab.
6. demonstrate proper execution of the pain compliance and self defense techniques.
7. explain the differences between cover and concealment and list four examples of each.
8. be able to list 4 techniques that he/she would like to institute in his/her organization to promote safety during everyday and hostile situations.

**Questions/Comments: Contact Rita Wessel, Curriculum Specialist: Extension 106  
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